

SOPHIA CAVES

Turning the Tide

Dear Florida FFA Members and Advisors,

My name is Sophia Caves, and I proudly represent the Okeechobee Brahman FFA Chapter. I have been blessed with the opportunity to run for Florida FFA State President, and I am overflowing with excitement to serve you all this next year. I thank you for taking the time to get to know me before the 98th Florida FFA State Convention and Expo!

I did not grow up directly connected to agriculture, but my time in FFA has given me countless opportunities to immerse myself in the industry that sustains us all. I am passionate about creating a local FFA chapter environment where every student has the opportunity to grow and create positive change in their lives and the world around us.

A key part of my character is my love of cheese, which I've turned into success by competing in Milk Quality & Products and the Dairy Cattle Evaluation & Management contests at the national level for Florida FFA. My interest in food extends beyond competition, as I value clean eating and understanding where my food comes from. This has led me to work at an Açai & smoothie shop throughout all of high school. Outside of the Okeechobee Brahman agricultural farm, you can find me at the beach, playing sports, or sewing with my grandmother. In addition to my hobbies, I am one of four valedictorians in my graduating class.

Each time I zip up my blue jacket, I am reminded of the opportunities, community, and confidence FFA has given me. As a state officer, it is my intention to help each member of this wonderful organization feel the same.

Ultimately, it is my goal to be an encouragement so that FFA members across the state can turn the tide to find success and create lasting change within their endeavors in FFA and the world.

Warm Regards,

Sophia Caves

Florida FFA State Presidential Candidate | (863) 447 3311 | sophia.caves08@gmail.com



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EDUCATION

OKEECHOBEE HIGH SCHOOL, 2022-Present

5.2 GPA

INDIAN RIVER STATE COLLEGE, 2023-Present

4.0 GPA

SPECIFIC COURSEWORK

DUAL ENROLLEMENT

On track to graduate with AA in Biological Sciences

ADVANCED PLACEMENT

AP Environmental Science

CTE INDUSTRY CERTIFICATIONS

Agriculture Associate Certification

Agritechnology Specialist

Agricultural Communications

WORK EXPERIENCE

Sublime Juice Garden, 2023- Present

- Trained in food service
- Promoted organic health food consumption
- Produced bulk amount of fresh organic juice

More 2 Life Ministries Childcare/Babysitting, 2025- Present

Private House Sitter/Babysitter, 2024-Present

LEADERSHIP

- HOBY Youth Leadership Ambassador, June 2024
- Okeechobee School District Sunshine State Scholar, April 2025
- FFA Chapter Office, 2023-Present: held positions such as Jr Vice President, Vice President, President and Secretary
- Class of 2026 Homecoming Court, 9th & 10th
- Class of 2026 Student Governing, 9th-11th
- Homecoming Queen Candidate, 2025
- Miss Brahman Candidate - Flag Football, 2025- Present
- FFA District 11 Chair, 2024-2025
- FFA District Secretary Candidate, 2025
- Okeechobee Youth Livestock Show Exhibitor, 2019-Present

Exhibited market hogs, dairy cattle, beef breeding, and steer projects at the Okeechobee County Fair

SERVICE

South Florida Fair Milking Parlor Display 2023-Present

Milked dairy cows while teaching lessons about the dairy industry to elementary students.

Upward Basketball Coach 2024

Coached elementary-age students in basketball while giving weekly Bible devotionals at First Baptist Church.

2025 Beast Feast

Prepare and serve food to guests fundraising for Okeechobee Rotary.

National Honors Society (NHS) 2024-Present

Pack and deliver food to elementary students in need of weekend meals.

First Baptist Church Mission House 2023-Present

Collect non-perishable food and deliver it to the FBC mission house.

EXTRACURRICULARS

- Varsity Swim Team, 9th-10th
- Varsity Weightlifting, 9th-Present
- First Baptist Church of Okeechobee youth member, 2020-Present
- Junior Varsity and Varsity Flag Football, 9th-Present
- Beta Club, 10th-11th

Completed Various community service projects.

- NHS Club, 10th-Present

Packed and delivered food for the backpack program.

- Udder Bunch 4-H Club, 10th-Present
- CVA Volleyball

Participated in Christian-based recreational volleyball.

ACADEMIC AWARDS

- Top Biology Student Award, 9th
- Star Greenhand FFA Award, 9th
- Star Chapter FFA Award, 10th
- 1st in State for FFA Dairy Judging, 9th
- 1st in Nation for FFA Dairy Judging, 10th
- Shining Star CTE Award, 10th
- 1st in State Agriscience Fair- Animal Systems Division 4, 10th
- 3rd in Nation Agriscience Fair- Animal Systems Division 4, 11th
- 1st in State Milk Quality and Products
- 5th Place World Dairy Expo Team Member, 12th
- 1st Place All American Dairy Judging Team Member, 12th
- 1st Place North American Dairy Judging Team Member, 11th